



## General Notice of Pre-existing Condition Exclusion

This PLAN imposes a pre-existing condition exclusion. This means that if you have a medical condition before coming on to our PLAN, you might have to wait a certain period of time before the PLAN will provide coverage to you for that condition. This exclusion applies only to conditions for which medical advice, diagnosis, care or treatment was recommended or received within a six-month period. Generally, this six-month period ends the day before your coverage becomes effective. However, if you were in a waiting period for coverage, the six-month period ends on the day before the waiting period begins. The pre-existing condition exclusion does not apply to pregnancy nor to a child who is enrolled in the PLAN within 30 days after birth, adoption, or placement for adoption.

This exclusion may last up to 12 months (18 months if you are a late enrollee) from your first day of coverage, or, if you were in a waiting period from the first day of your waiting period. However, you can reduce the length of this exclusion period by the number of days of your prior “creditable coverage.” Most prior health coverage is creditable coverage and can be used to reduce the pre-existing condition exclusion if you have not experienced a break in coverage of at least 63 days. To reduce the 12-month (or 18-month) exclusion period by your creditable coverage, you should give us a copy of any certificates of creditable coverage you have. If you do not have a certificate, but you do have prior health coverage, we will help you obtain one from your prior plan or issuer. There are also other ways that you can show you have creditable coverage.

Please contact the Plan Administrator or its’ designee if you need help demonstrating creditable coverage.

All questions about the preexisting condition exclusion and creditable coverage should be directed to \_\_\_\_\_ at \_\_\_\_\_ or Phone.